

Admissions Requirements

Prior to a student starting class, the following documentation listed below must be secured. If you do not provide the documentation, you will not be allowed to begin class.

Documents Required for Admissions

1. The student must be at least 17 years old
2. A Social Security card with current last name
3. Provide proof of photo ID
4. High School Diploma or GED
5. \$100.00 nonrefundable registration fee
6. Complete school enrollment application

Orientation

After an interview with an admissions specialist and a tour of our facility, the prospective student will be required to complete a pre-enrollment checklist. The admission process will then continue with the completion of required forms, all of which must be signed and dated prior to the student's scheduled enrollment date. Students must also attend orientation prior to his/her scheduled enrollment date. The "New Student Orientation" will review all necessary information, including rules and regulations of the academy, safety precautions, evacuations procedures, uniform policy, program objectives, and student compliance.

Transfer Students

If the student is transferring hours into the school, all hours from the original school will be accepted if the hours correspond with Washington State Board curriculum requirements, and provide all documents listed under "*Admission Requirements*." If a student wishes to transfer out of Bella Rosa Skin Academy to another school, the student is required to pay all financial obligations prior to the release of their transcript to themselves or school of their request.

Re-Entry Policy

If a student would like to re-enroll after voluntary withdrawal or termination, then the following requirements must be met.

1. It has been less than three (3) years since the student's previous withdrawal
2. The student must be current with any payments owed to the school
3. The student will return to the same satisfactory academic progress status prior to withdrawal

Non-Recruitment Policy

The school does not recruit students already attending or admitted to another school offering a similar program of study.

Bella Rosa Skin Academy

Esthetics Course Outline

Our Esthetics Course provides students with the complete knowledge, understanding, and practical experience needed for an entry level position as an esthetician. This will entitle you to take the Washington State Board of Esthetics Licensing Examination and practice as a Washington State Licensed Esthetics professional.

Seven hundred and fifty (750) hours of training are required of applicants for a certificate of registration as an esthetician, with at least one (1) hour of theory class per day. The hours shall be apportioned as follows:

Esthetics Course Breakdown – 750 Required Hours

Subject	Hours Required
Orientation: School catalog, State Requirements, academy policies, safety precautions, evacuation procedures, uniform policy, program objectives.	5
Theory of Esthetics: Theory in the practice of esthetics services, business practices and basic human anatomy and physiology.	250
Temporary Hair Removal: Temporary removal of superfluous hair of the skin by means including tweezing, waxing, tape, chemicals, lotions, creams, sugaring, threading, mechanical or electrical apparatus and appliances.	100
Skincare: Care of the skin compresses massages, facials, wraps, masks, exfoliation, use of electrical or mechanical appliances, or chemical compounds.	150
Safety: Including proper use and storage of chemicals, implements, and electrical appliances.	40
Disinfection & Sanitation: Disinfection shall be emphasized throughout the entire training period. Cleaning and disinfecting of individual workstations, individual equipment, and proper use of storage linens.	50
Diseases and Disorders: Students will describe the functions of the skin, explain the structure and layers of the skin, explain how the skin ages, identify common skin conditions and disorders.	150
First Aid: As it relates to esthetics.	5
Total Hours:	750

*Grading Scale: 100% - 75% (passing score) through multiple choice and short answer questions, as well as practical tests.

Course Objective

The curriculum includes (750) clock hours of technical instruction and practice of all operations covering all practices constituting of instruction through demonstrations, lecture, and classroom participation. Practical operations shall mean the actual performance by the student of the complete service on another person.

Note not all training is on mannequins.

Education Goal

The Esthetic Course of study is designed to prepare students for the State Board Licensing Examination and for profitable employment. The knowledge and skills acquired will prepare licensed students for work as an esthetician, makeup artist, skin care specialist and sales representative for major skin care companies, national sales trainer and salon owner.

Required Textbook

Milady Standard Textbook Esthetics Fundamentals

Total Hours: 750

27 Weeks- 28 hours per week

38 Weeks- 20 hours per week

Requirements for Maintaining Satisfactory Progress

Maintain a 75% Cumulative Attendance Rate

Maintain a 75% Cumulative Grade Point Average (GPA)

93 - 100% (Excellent)

85 - 92% (Above Average)

75 - 84% (Satisfactory)

0 - 74% (Failing)

Bella Rosa Skin Academy

Esthetics Online Course Outline

Our hybrid learning option allows you to obtain 50% of your hours online and provides students with more flexibility to learn the complete knowledge and understanding of esthetics, while still receiving the practical experience needed for an entry level position as an esthetician. This will entitle you to take the Washington State Board of Esthetics Licensing Examination and practice as a Washington State Licensed Esthetics professional.

Seven hundred and fifty (750) hours of training are required of applicants for a certificate of registration as an esthetician, with at least one (1) hour of theory class per day. The hours shall be apportioned as follows:

Esthetics Online Course Breakdown – 750 Required Hours

Subject	Hours Required
Orientation: School catalog, State Requirements, academy policies, safety precautions, evacuation procedures, uniform policy, program objectives.	5
Online Theory of Esthetics: Theory in the practice of esthetics services, business practices and basic human anatomy and physiology.	100
Theory and understanding basics of chemistry, electricity and nutrition.	50
General sciences, theory of disinfection shall be emphasized throughout the entire training period. Cleaning and disinfecting of individual workstations, individual equipment and proper use of storage linens.	100
Understanding the theory of diseases and disorders of the skin, explaining the structures and layers of the skin, explaining how the skin ages, identifying common skin conditions and disorders.	125
Practical Training (hands on): Temporary removal of superfluous hair of the skin by means including tweezing, waxing, tape, chemicals, lotions, creams, sugaring, threading, mechanical or electrical apparatus and appliances.	150
Care of the skin compresses massages, facials, wraps, masks, exfoliation, use of electrical or mechanical appliances, or chemical compounds.	150
Theory and practice of safety including proper use and storage of chemicals, implements, and electrical appliances.	25
Client consultation and documentation of medical history, understanding different skin types.	20
Financial business skills and marketing	20
First aid as it relates to esthetics.	5
Total Hours:	750

*Not all training may be done on mannequins.

Bella Rosa Skin Academy

Combined Master Esthetics 1200 Course Outline

Our Master Esthetics Course begins with the foundational esthetic curriculum and moves directly into the advanced esthetic curriculum, providing students with the complete knowledge, understanding and practical experience needed for advanced positions as a master esthetician. This will entitle you to take the Washington State Board of Master Esthetics Licensing Examination and practice as a Washington State Licensed Master Esthetician.

Twelve hundred hours (1200) of training are required of applicants for a certificate of registration as an esthetician with at least one (1) hour of theory class per day. The hours shall be apportioned as follows:

Esthetics Course Breakdown – 750 Required Hours

Subject	Hours Required
Orientation: School catalog, State Requirements, academy policies, safety precautions, evacuation procedures, uniform policy, program objectives.	5
Theory of Esthetics: Theory in the practice of esthetics services, business practices and basic human anatomy and physiology.	250
Temporary Hair Removal: Temporary removal of superfluous hair of the skin by means including tweezing, waxing, tape, chemicals, lotions, creams, sugaring, threading, mechanical or electrical apparatus and appliances.	
Skincare: Care of the skin compresses massages, facials, wraps, masks, exfoliation, use of electrical or mechanical appliances, or chemical compounds.	150
Safety: Including proper use and storage of chemicals, implements, and electrical appliances.	40
Disinfection & Sanitation: Disinfection shall be emphasized throughout the entire training period. Cleaning and disinfecting of individual workstations, individual equipment, and proper use of storage linens.	50
Diseases and Disorders: Students will describe the functions of the skin, explain the structure and layers of the skin, explain how the skin ages, identify common skin conditions and disorders.	150
First Aid: As it relates to esthetics.	5
Total Esthetic Hours:	750

Master Esthetics Course Breakdown – 450 Required Hours

Subject	Hours Required
Theory of Advanced Esthetics: Theory in the practice of esthetics and master esthetic services, alternative touch, spa body treatments, business practices and basic human anatomy and physiology.	175
Advanced Exfoliation: Medium depth chemical peels.	25
Machine Facials & Light Therapy: Laser, light frequency, radio frequency, ultrasound, microneedling and plasma services.	100

Treatment Plan and Assessment: Students will learn how to do an advanced client assessment, documentation, go over indications/contraindications and pre and post-treatment procedures.	50
Advanced Massage: Lymphatic drainage and advanced facial massage.	20
Advanced Diseases and Disorders: Students will describe the functions of the skin, explain the structure and layers of the skin, explain how the skin ages, identify common skin conditions and disorders.	80
Total Combined Master Esthetics Hours:	1200

*Grading Scale: 100% - 75% (passing score) through multiple choice and short answer questions, as well as practical tests.

Course Objective

The curriculum includes (1200) clock hours of technical instruction and practice of all operations covering all practices constituting of instruction through demonstration, lecture, and classroom participation. Practical operations shall mean the actual performance by the student of the complete service on another person.

Note not all training is on mannequins.

Educational Goal

The Master Esthetic Course of study is designed to prepare students for the State Board Licensing examination and for profitable employment. The knowledge and skills acquired will prepare licensed students for work as a master esthetician, medical esthetician, skin and laser specialist, sales representative for major skin care and medical device companies, national sales trainer, salon owner, and makeup artist.

Required Textbooks

Milady Standard Textbook Esthetic Fundamentals & Milady Standard Textbook Advanced Esthetics.

Total Hours: 1200

43 Weeks- 28 hours per week

60 Weeks- 20 hours per week

Requirements for Maintaining Satisfactory Progress

Maintain a 75% Cumulative Attendance Rate

Maintain a 75% Cumulative Grade Point Average (GPA)

93 - 100% (Excellent)

85 - 92% (Above Average)

75 - 84% (Satisfactory)

0 - 74% (Failing)

Bella Rosa Skin Academy

Combined Master Esthetics 1200 Online Course Outline

Our hybrid learning option allows you to obtain 50% of your hours online and provides students with more flexibility to learn the complete knowledge and understanding of esthetics and master esthetics, while still receiving the practical experience needed for an entry level position as a master esthetician. Our Master Esthetics Course begins with the foundational esthetic curriculum and moves directly into the advanced esthetic curriculum. This will prepare and entitle you to take the Washington State Board of Master Esthetics Licensing Examination and practice as a Washington State Licensed Master Esthetician.

Twelve hundred hours (1200) hours of training are required of applicants for a certificate of registration as an esthetician with at least one (1) hour of theory class per day. The hours shall be apportioned as follows:

Esthetics Online Course Breakdown – 750 Required Hours

Subject	Hours Required
Orientation: School catalog, State Requirements, academy policies, safety precautions, evacuation procedures, uniform policy, program objectives.	5
Online Theory: Theory in the practice of esthetic services, business practices, basic human anatomy and physiology and histology.	100
Theory and understanding of the basics of chemistry, electricity and nutrition.	10
General sciences, theory of disinfection shall be emphasized throughout the entire training period. Cleaning and disinfecting of individual workstations, individual equipment and proper use of storage linens.	100
Understanding the theory of diseases and disorders of the skin, explaining the structures and layers of the skin, explaining how skin ages and identifying common skin conditions and disorders.	150
Practical Training (hands on): Practice of temporary removal of superfluous hair of the skin by means including, tweezing, waxing, tape, chemicals, lotions, creams, threading, mechanical or electrical apparatus and appliances.	150
Skincare of the compresses, facial massage, facials, wraps, masks, exfoliation and use of electrical appliances.	150
Practice of safety including proper use and storage of chemicals, implements and electrical appliances.	25
Client consultation and documentation of medical history and understanding different skin types.	25
Business skills, including financial management and marketing.	25
First aid as it relates to esthetics.	10
Total Esthetic Hours:	750

Master Esthetics Course Breakdown – 450 Required Hours

Subject	Hours Required
Master Esthetics Online Theory: Practices of infection control, safety procedures, sanitation, disinfection and first aid.	15
Understanding of anatomy, physiology, cardiovascular and lymphatic systems.	20
Advanced skin diseases, diseases and disorders, wellness management and skin sciences.	20
Practices and procedures of laser light and radio frequency therapies.	50
Skin typing, aging analysis and pharmacology.	15
Theory of advanced esthetics, laser hair removal, IPL, LED light therapy, ultrasonic technology, microcurrent, dermaplaning, microneedling, medical aesthetics, medical terminology and medical intervention.	75
Practical Training (hands on): HydroDermabrasion facials, oxygen infusion techniques, microcurrent treatments, radio frequency treatments, ultrasound therapies, microneedling, facial mask application, and other anti-aging applications.	90
Spa therapies, machine microdermabrasion's, medium depth chemical peels, ultrasonic facials and advanced skin massage techniques.	65
Advanced makeup application.	35
Skin typing, advanced facial movements, semipermanent eyelash extensions, quasha stone massage techniques and management of complications.	40
Business skills, including financial management and marketing.	20
First aid as it relates to master esthetics.	5
Total Combined Master Esthetics Hours:	1200

*Not all training may be done on mannequins.

Bella Rosa Skin Academy
Master Esthetics 450 Course Outline

Our advanced course in Master Esthetics prepares students for an entry level position as a master esthetician and requires the satisfactory completion of 450 hours of training. This will entitle you to take the Washington State Board of Master Esthetics Licensing Examination and practice as a Washington State Board Licensed Master Esthetician.

**(Must already have a basic Washington State esthetics license for this course)*

Four hundred and fifty hours (450) hours of training are required of applicants for a certificate of registration as an esthetician with at least one (1) hour of theory class per day. The hours shall be apportioned as follows:

Master Esthetics Course Breakdown – 450 Required Hours

Subject	Hours Required
Orientation: School catalog, State Requirements, academy policies, safety precautions, evacuation procedures, uniform policy, program objectives.	5
Theory of Advanced Esthetics: Theory in the practice of esthetics and master esthetic services, alternative touch, spa body treatments, business practices and basic human anatomy and physiology.	175
Advanced Exfoliation: Medium depth chemical peels.	20
Machine Facials & Light Therapy: Laser, light frequency, radio frequency, ultrasound, microneedling and plasma services.	100
Treatment Plan and Assessment: Students will learn how to do an advanced client assessment, documentation, go over indications/contraindications and pre and post-treatment procedures.	50
Advanced Massage: Lymphatic drainage and advanced facial massage.	20
Advanced Diseases and Disorders: Students will describe the functions of the skin, explain the structure and layers of the skin, explain how the skin ages, identify common skin conditions and disorders.	80
Total Hours:	450

*Grading Scale: 100% - 75% (passing score) through multiple choice and short answer questions, as well as practical tests.

Course Objective

The curriculum includes (450) clock hours of technical instruction and practice of all operations covering all practices constituting of instruction through demonstration, lecture, and classroom participation. Practical operations shall mean the actual performance by the student of the complete service on another person.

Note not all training is on mannequins.

Educational Goal

The Master Esthetic Course of study is designed to prepare students for the State Board Licensing examination and for profitable employment. The knowledge and skills acquired will prepare licensed students for work as a master esthetician, medical esthetician, skin and laser specialist, salon manager and salon owner.

Required Textbooks

Milady Standard Textbook Advanced Esthetics.

Total Hours: 450

16 Weeks- 28 hours per week

23 Weeks- 20 hours per week

Requirements for Maintaining Satisfactory Progress

Maintain a 75% Cumulative Attendance Rate

Maintain a 75% Cumulative Grade Point Average (GPA)

93 - 100% (Excellent)

85 - 92% (Above Average)

75 - 84% (Satisfactory)

0 - 74% (Failing)

Bella Rosa Skin Academy
Master Esthetics 450 Online Course Outline

Our hybrid learning option allows you to obtain 50% of your hours online and provides students with more flexibility to learn the complete knowledge and understanding of master esthetics, while still receiving the practical experience needed for an entry level position as a master esthetician. This will entitle you to take the Washington State Board of Master Esthetics Licensing Examination and practice as a Washington State Board Licensed Master Esthetician.
**(Must already have a basic Washington State esthetics license for this course)*

Four hundred and fifty hours (450) hours of training are required of applicants for a certificate of registration as an esthetician with at least one (1) hour of theory class per day. The hours shall be apportioned as follows:

Master Esthetics Online Course Breakdown – 450 Required Hours

Subject	Hours Required
Orientation: School catalog, State Requirements, academy policies, safety precautions, evacuation procedures, uniform policy, program objectives.	5
Online Theory: Practices of infection control, safety procedures, sanitation, disinfection and first aid.	15
Understanding of anatomy, physiology, cardiovascular, and lymphatic systems.	20
Advanced skin diseases, diseases and disorders, wellness management and skin sciences.	20
Practice and procedures of laser light and radio frequency therapies.	50
Skin typing, aging analysis and pharmacology.	15
Theory of advanced esthetics, laser hair removal, IPL, LED light therapy, ultrasonic technology, microcurrent, dermaplaning, microneedling, medical aesthetics, medical terminology and medical intervention.	70
Practical Training (hands on): HydroDermabrasion facials, oxygen infusion techniques, microcurrent treatments, radio frequency treatments, ultrasound therapies, microneedling, facial mask application and other anti-aging applications.	90
Spa therapies, machine microdermabrasion's, medium depth chemical peels, ultrasonic facials, and advanced skin massage techniques.	65
Advanced makeup application.	35
Skin typing, advanced facial movements, semipermanent eyelash extensions, guasha stone massage techniques and management of complications.	40
Business skills, including financial management and marketing.	20
First aid as it relates to master esthetics.	5
Total Hours:	450

*Not all training may be on mannequins

Bella Rosa Skin Academy

Instructor Course Outline

Our Instructor Course provides licensed professionals with the complete knowledge, understanding, and practical experience needed for an entry level position as an instructor. This will entitle you to take the Washington State Board Instructor Licensing Examination and practice as a Washington State Licensed Esthetics, Cosmetology, and Manicuring Instructor.

**(Must already have a Washington State esthetics, cosmetology, or manicuring license for this course)*

Five hundred (500) hours of training are required of applicants for a certificate of registration as an instructor, with at least one (1) hour of theory class per day. The hours shall be apportioned as follows:

Instructor Course Breakdown – 500 Required Hours

Subject	Hours Required
Orientation: School catalog, State Requirements, academy policies, safety precautions, evacuation procedures, uniform policy and program objectives.	5
Preparation: for classroom activities including, but not limited to; Choice of teaching methods, classroom setup, topic/subject matter, written lesson plans, student assignments, materials and supplies and record keeping.	150
Presentation: of information, but not limited to; Lectures, demonstrations, questions and answers, project methods and discussions.	150
Application or Practice: including, but not limited to; Clinic supervision, classroom management and client relations.	145
Evaluation: by the instructor-trainee of the student's understanding and performance, including, but not limited to; Written/practical assignment and communication skills.	50
Total Hours:	500

*Grading Scale: 100% - 75% (passing score) through multiple choice and short answer questions, as well as practical tests.

Course Objective

The curriculum includes (500) clock hours of technical instruction and practice of all operations. This will prepare the instructor in training to teach related information and techniques through specific teaching aids, such as visual aids, instructional sheets, and tests, preparing students for employment in their field.

Note not all training is on mannequins.

Educational Goal

The Instructor Course of study is designed to prepare students for the State Board Licensing examination and for profitable employment. The knowledge and skills acquired will prepare licensed students for work as an Esthetics Instructor, Cosmetology Instructor, Manicurist Instructor, salon owner, school manager and school owner.

Required Textbooks

3rd Edition Master Educator, Letha Barnes

Total Hours: 500

18 Weeks- 28 hours per week

25 Weeks- 20 hours per week

Requirements for Maintaining Satisfactory Progress

Maintain a 75% Cumulative Attendance Rate

Maintain a 75% Cumulative Grade Point Average (GPA)

93 - 100% (Excellent)

85 - 92% (Above Average)

75 - 84% (Satisfactory)

0 - 74% (Failing)

Bella Rosa Skin Academy

Instructor Online Course Outline

Our hybrid learning option allows you to obtain 50% of your hours online and provides students with more flexibility to learn the complete knowledge and understanding of our instructor training, while still receiving the practical experience needed for an entry level position as an instructor. This will entitle you to take the Washington State Board Instructor Licensing Examination and practice as a Washington State Licensed Esthetics, Cosmetology, and Manicuring Instructor.

**(Must already have Washington State esthetics, cosmetology or manicurist license for this course)*

Five hundred (500) hours of training are required of applicants for a certificate of registration as an instructor, with at least one (1) hour of theory class per day. The hours shall be apportioned as follows:

Instructor Online Course Breakdown – 500 Required Hours

Subject	Hours Required
Orientation: School catalog, State Requirements, academy policies, safety precautions, evacuation procedures, uniform policy and program objectives.	5
Online Theory: Online preparation for classroom activities, choice of teaching methods, classroom setup, topic/subject matter, written lesson plans, student assignments, materials and supplies and record keeping.	100
Evaluation by the instructor trainee of the students' understanding and performance, communication skills, financial business skills and marketing.	40
Presentation of information, but not limited to; Lectures, demonstrations, questions and answers, project methods and discussions.	145
Practical Training: Application or practice of clinic supervision, classroom management and client relations.	145
Evaluation by the instructor-trainee of the student's understanding and performance, including, but not limited to; Written/practical assignment and communication skills.	50
Presentation of information, lectures, demonstrations, questions and answers, project methods and discussions.	15
Total Hours:	500

*Not all training may be on mannequins.